



Day 4

Recap of Day 1, 2 & 3

Lecture 1: Understanding Value Education

Lecture 2: Self-exploration as the Process for Value Education

Lecture 3: Continuous Happiness and Prosperity – the Basic Human Aspirations and their Fulfilment

Lecture 4: Right Understanding, Relationship and Physical Facility

Lecture 5: Happiness and Prosperity – Current Scenario

Lecture 6: Method to Fulfil the Basic Human Aspirations

Lecture 7: Understanding Human being as the Co-existence of the Self and the Body

Lecture 8: Distinguishing between the Needs of the Self and the Body

Lecture 9: The Body as an Instrument of the Self

Lecture 10: Understanding Harmony in the Self

Lecture 11: Harmony of the Self with the Body

Lecture 12: Programme to ensure self-regulation and Health

Lecture 13: Harmony in the Family – the Basic Unit of Human Interaction

Lecture 14: 'Trust' – the Foundational Value in Relationship

Lecture 15: 'Respect' – as the Right Evaluation

Lecture 16: Other Feelings, Justice in Human-to-Human Relationship

To be discussed today:

Lecture 17: Understanding Harmony in the Society

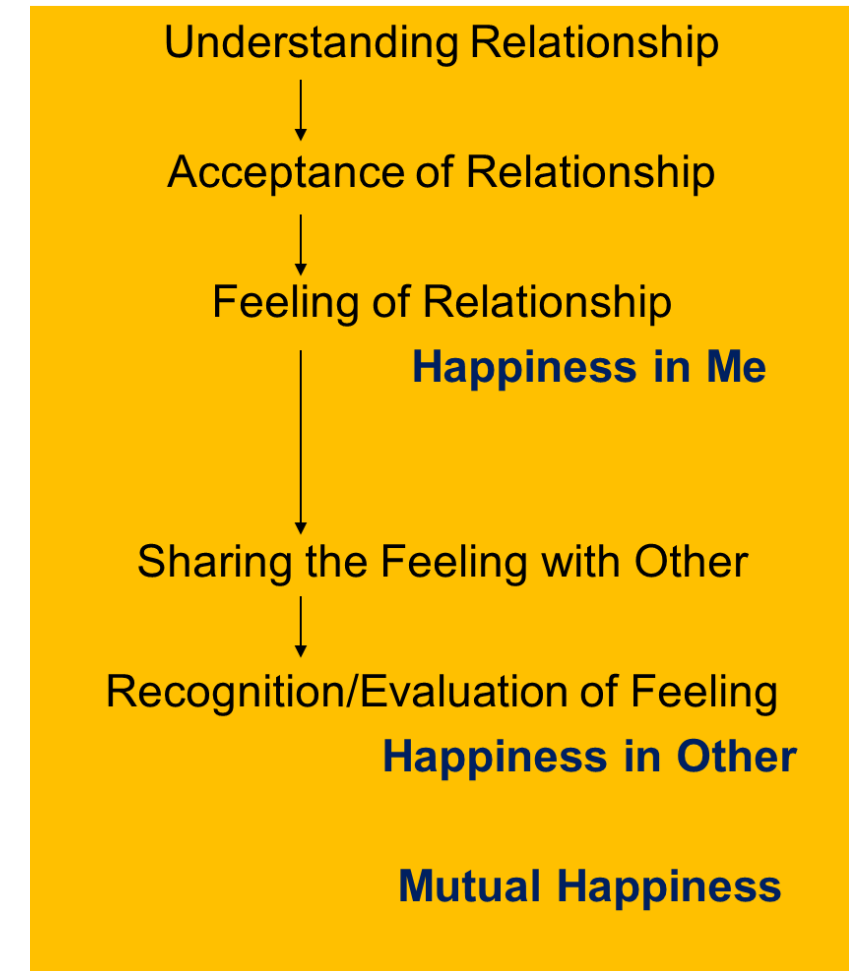
Lecture 18: Vision for the Universal Human Order

Harmony in the Family

1. Relationship is – between one self (I_1) and another self (I_2)
2. There are feelings in relationship – in one self (I_1) for the other self (I_2)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

Feelings in relationship:

- | | |
|----------------------------------|-----------------------------|
| 1- Trust fo"okl FOUNDATION VALUE | 6- Reverence J)k |
| 2- Respect IEeku | 7- Glory xkSjo |
| 3- Affection Lusg | 8- Gratitude —rKrk |
| 4- Care eerk | 9- Love izse COMPLETE VALUE |
| 5- Guidance okRIY; | |



Trust: To have the clarity that the other intends to make me happy

About your Natural Acceptance

- 1a. I **want to** make myself happy
- 2a. I **want to** make the other happy
- 3a. The other **wants to** make herself/himself happy
- 4a. The other **wants to** make me happy

✓

✓

✓

✓

About your Ability

- 1b. I **am able to** make myself always happy ?
- 2b. I **am able to** make the other always happy?
- 3b. The other **is able to** make herself/himself always happy ?
- 4b. The other **is able to** make me always happy ??

Intention – Natural Acceptance

What is Naturally Acceptable to You

Competence

What You Are ($\sum D, T, E$)

Respect: The Other is Similar to Me. We are complementary to each other

1. Purpose – Our purpose (Natural Acceptance) is same
2. Program – Our program is same
3. Potential – Our potential is same

The Other is Similar to Me

4. Competence – On the basis of right evaluation of our mutual competence, I recognise our complementarity and fulfill it:

If the other has more understanding, is more responsible than me

- I am committed to understand from the other

If I have more understanding, I am more responsible than the other

1. I live with responsibility with the other, unconditionally, unperturbed by the behaviour of the other
2. I am committed to facilitate understanding in the other (once the other is assured in relationship, and not before that)



COMPLETE CONTENT of RESPECT

The Other is Similar to Me. We are complementary to each other

Respect, Reverence, Glory and Gratitude

Basic human aspiration = Continuous happiness
= To achieve excellence

Excellence $\frac{1}{4}$ Js' Brk $\frac{1}{2}$

Understanding Harmony &
Living in Harmony



Continuous Happiness

- } at all 4 levels
1. In the Human Being
 2. In Family
 3. In Society
 4. In Nature/Existence

Trust, Respect– For **all**

Reverence – For those who have **achieved excellence**

Glory – For those who have **made effort for excellence**

Gratitude – For those who have **made effort for my excellence**

Love $\frac{1}{4}$ izse $\frac{1}{2}$

Love $\frac{1}{4}$ izse $\frac{1}{2}$ – The feeling of being related to all (Complete Value)

$\frac{3}{4}$ gj ,d dks laca/kh ds :i esa Lohdkjus dk HkkoA

$\frac{3}{4}$ iw.kZrk esa jfr & iw.kZrk esa jr gksuk & gj ,d ds lkFk laca/k esa fufgr jl (Hkkoksa) dh vuqHkwfr djukA

It all starts with identifying that one is related to other human being (Affection - Lusg) and it slowly expands to the feeling of being related to all human beings and then to all, each & every unit in nature (human being as well as other units) (Love - izse)

,d → vusd → gj ,d dks laca/kh ds :i esa Lohdkjuk

Feeling of Love is expressed in the form of kindness (n;k), beneficence (—ik) and compassion (d#.kk). The feeling is for all, and it is expressed to those who come in contact

The feeling of Love is the foundation of Undivided Society

Harmony in Family – Justice, From Family to World Family (Undivided Society)

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Justice = Recognition, Fulfillment & Evaluation of Human-Human Relationship, leading to Mutual Happiness

Justice → from Family to World Family

→ Undivided Society $\frac{1}{4}v[k.M \text{ lekt} \frac{1}{2}$

